

*Women in the Outdoors™ Courses:*

- Archery** – Learn the basics of equipment, safety and shooting of a compound bow. Experience the thrill of hitting the mark at the archery range.
- Shot Gunning**- You will become familiar with different types of shot guns, ammunition, and proper gun fitting. Time will be spent shooting clay targets. Experience the thrill with every hit.
- Hand Guns**- You will learn the proper handing, shot positions, and techniques of using a hand gun. You will have time to practice your new skills.
- Fly Fishing**- Come learn the beautiful art form of fly fishing.
- Muzzle-Loading**- Peer through a puff of smoke and experience the thrill of delayed discharge in this introduction to the sport of shooting muzzle- loaders You'll learn how to load, and shoot the primitive firearms.
- Turkey Shooting**- Learn how to shoot from a sitting position. Be ready to hit the woods next turkey season.
- Basket Making** – Learn weaving techniques by making your very own basket.(additional \$5.00 supplies fee)
- Antler Jewelry**-Be ready to model the beautiful one of a kind creations you will make using deer antlers.( additional \$5.00 supply Fee)
- Knife Forging**- Wow your friends and family with the knife you make using forging techniques. Take this amazing creation home with you (additional\$15.00 supplies fee)
- Map and Compass**- GPS are great devices. But what if your batteries go dead, or it's a cloudy day and you can't get a satellite. What do you do? Learn to find your way around using a map and compass. (2 class segment)
- Advanced Bow Hunting**- Now you know how to shoot a bow, come learn what's next if you want to hunt with your bow
- Self-Protection**- If you travel alone, make late night trips to the super market or are just interested in basic self-protection tips, this class is for you. Come and learn basic moves every women should know.
- Climbing Wall**- In this class you will learn the basics of safe wall climbing, various types of ropes, harnesses, and all the gear and climbing techniques needed to start you on your way up.
- Kayaking**- Learn the basic knowledge and skills needed to be safe on the water and enjoy Kayaking. Topics include safety, equipment, preparation, stokes, maneuvering and much more.
- Gourd birdhouse**- Make a home for our fine feathered friends using a gourd from nature. (additional \$5.00 supplies fee)

- Travel Safety 101**- Learn what you will need to set out on your next road trip. You will learn how to read a road map and how to be prepared for anything or situation you may encounter along the way.
- Nature and Ourselves**-This class is designed to give you new tools and a greater understanding of the interconnectedness between nature and ourselves.
- Nature Fun**- Want to teach your children how to love nature but have fun while doing it? This class will show you ways children can relate to nature.
- Intro into Deer Hunting**- Want to know how to get started hunting deer? Learn how and what's needed to have a enjoyable and successful hunt.
- Table Top Water Fountains**- Make a small water fountain using household items. (additional \$20.00 fee)
- Oklahoma Birds**- Impress your friends with the knowledge you will learn about Oklahoma Birds. Learn to ID most of our native birds.
- Fly Tying**- Think you know what trout would like for dinner. Then try your hand at making your own lures.
- Trailer Backing**- Ever wanted to know how to back a trailer or boat? Surprise your husband next time and tell him you'll do it.
- Creative Cooking**- Want to fun fun on your next cook out. Try creative ways of cooking. Learn how to make a solar oven using a pizza box and many more ideals.
- Wild Eatables**- For survival or just for fun, learn what is eatable in the woods around us.

**Course Offerings:** Choose 10, 1 being your first choice, ten being your last.  
**Please do not include additional class fees when you send in your registration. These will be applied at the event. Classes are filled on first come bases.**

**Accommodations** For those of you who will be traveling, we will have the bunkhouse available for Friday and Saturday nights, but you will need to provide your own meals and bedding. We have beds for 30 ladies or you may choose to bring a tent and camp. The camp does have grills available and there is a full kitchen in the bunkhouse.

**Confirmation** Letter or email with direction to Camp Okiwanee will be sent upon receipt of your registration form and fee. Please arrive the day of the event between 6:00am and 7:45am. For those of you who will be spending the night, you can check in on Friday, any time after 5:00pm. The event will be over at approximately 9:00 pm Saturday night. Check out Sunday morning by 11:00am. **The cancelation deadline is Sept. 2. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you can not attend. Event will be held rain or shine**

## Participant Registration Form

SEPT.10, 2011

Camp Okiwanee  
 11330 S 177<sup>th</sup> West Ave.  
 Sapulpa, Ok 74066

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_

E-mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone ( ) \_\_\_\_\_

Check One: \_\_\_\_\_ New Member \_\_\_\_\_ Renewal

If Renewal, WITO Membership Number \_\_\_\_\_

**\*Participants 14-17 years old must have a parent/guardian sign and be present with them.**

**Make checks payable to the NWTF or charge to a c/c**

Credit Card #	
3-Digit Pin (on back)	
Expiration Date	
Signature	

Circle one: Visa, M/C, Discover, AMEX

\$ \_\_\_\_\_ Registration fee (\$65)  
 \$ \_\_\_\_\_ Early Bird Discount (\$5 off if Post marked before Aug.26)  
 \$ \_\_\_\_\_ Mother- Daughter Discount (\$5 Off)  
 \$ \_\_\_\_\_ Additional class fees  
 \$ \_\_\_\_\_ \$10 for overnight lodging  
 \$ \_\_\_\_\_ I cannot attend, but would like to Renew my membership (\$30)  
  
 \$ \_\_\_\_\_ TOTAL

***We will have raffles & silent auction running throughout the day - payment can be made with cash, checks or credit cards***

**THREE RIVERS  
LIMBHANGERS  
AND  
TULSA METRO WITO**



**INVITES YOU  
TO JOIN THEM FOR  
THE FIFTH ANNUAL  
WOMEN IN THE OUTDOORS  
EVENT  
SATURDAY, SEPT. 10, 2011  
AT CAMP OKIWANEE  
WEST OF SAPULPA, OK**

**FOR MORE INFORMATION  
CONTACT:  
PATTIE BING 918-688-8097  
Or [pjbing1@juno.com](mailto:pjbing1@juno.com)**

**WOMEN  
IN THE  
OUTDOORS**

***Even if you are a seasoned  
Women in the Outdoor participant or  
new to this event, the day will have  
something new and exciting to offer  
you***

**Your paid registration includes:**

- Choice of 3 to 5 expertly instructed classes ( some classes count as two because of longer duration of class time)
- Use of all equipment and materials needed for classes
- One-Year subscription to the Turkey Country magazine
- One year membership to the Women in the Outdoors (if membership is current, you may qualify for a refund the day of the event. Please have expiration date of your membership available at sign in)
- Breakfast, Lunch and Dinner Saturday only

*Special Community Raffle: Anyone who brings a donated item for the Ladies of Freedom House will receive a raffle ticket for each item. A list of needs will be sent with your confirmation letters*

**Mail the completed form along  
with registration fee to:**

**Pattie Bing  
P.O. Box 993  
Sapulpa, Ok. 74067**