

From firearm skills to outdoor cooking, this is a great opportunity to try something new.

The NWTF Women in the Outdoors program is dedicated to helping women ages 14 and over achieve confidence and competence in outdoor skills through a series of hands-on workshops taught in informative, relevant and reassuring settings.

Gather some girlfriends, your mom and daughter and check "me time" off your list.

**You deserve a day outdoors.**

If you are unable to attend our event, please visit: [WWW.WOMENINTHEOUTDOORS.ORG](http://WWW.WOMENINTHEOUTDOORS.ORG) to find other events in the state of PA through out the year!



A partnering sponsor of the National Wild Turkey Federation's Pennsylvania Women in the Outdoors Program

### \$55 Registration Fee

Includes \$35 NWTF/WITO membership required to participate.

### \$20 Member Only Registration Fee

You must be a NWTF/WITO member with renewal date after June 2013 only.

This information is on your NWTF/WITO membership card. Please supply your expiration date and membership number on registration form.

### REGISTRATION DEADLINE MAY 19

Registration fee includes your choice of 4 expertly instructed classes, continental breakfast, and picnic lunch. Non members will receive a 1 year membership to the National Wild Turkey Federation, which includes 4 issues of *PA Turkey Talk* and 6 Issues of *Turkey Country...* the official magazine of the National Wild Turkey Federation.

Mail completed registration form with payment to:

**Karen Selig, 8450 Reservoir Rd,  
Germansville, PA 18053**

#### CANCELLATION POLICY:

**The cancellation deadline is June 1, 2012.**

If you cancel after the deadline, you will be responsible for your program fee. You may send a substitute if you cannot attend.

Organizing the WITO event takes place months in advance and every effort is made to offer all scheduled classes. However, due to circumstances beyond our control, instructors, topics and schedules may change. In the event of an unforeseen class cancellation, participants will be offered an alternative class.

This event WILL NOT be cancelled due to inclement weather, so please come prepared.

You will receive a confirmation letter/map to the facility when your registration form and check have been received.

Would like more information?

Contact **Donna Balgosky** at **610.767.6932** or email: [LehighValleyWITO@yahoo.com](mailto:LehighValleyWITO@yahoo.com)

For scheduling questions, please contact **Karen Selig** at **610.760.0251** or email: [bkjbselig@enter.net](mailto:bkjbselig@enter.net)

# Hey Ladies! take a walk on the

# WILD SIDE

## at the Lehigh Valley's Women in the Outdoors Event!

Trade in your to-do list for a day for yourself and join us!

### June 9, 2012

### 7:30-5:30

**Ontelaunee Rod & Gun Club  
in New Tripoli, PA**



# NWTF

WOMEN in the OUTDOORS

**THE MORNING CALL**  
the morning call.com  
Participating Sponsor

Use it for life.

## Classes to choose from!

**BASKET WEAVING:** This workshop is intended to give the beginning weaver a good start in learning the basics of basket making. You'll have personal instruction in creating a basket to take home.

**CAST IRON COOKING:** Why is it such a great way of cooking? Because you can make anything with cast iron! Scrumptious roast meats, delightful vegetarian dishes, delectable hors d'oeuvre, aromatic breads and sinful desserts. This class introduces the basic skills required to cook with cast iron along with cleaning and caring of them.

**INTRODUCTION TO CROSSBOWS:** For those of you who have never tried shooting a crossbow, it is easy and a lot of fun. In this hands-on course you will learn the basic functions and dynamics of the crossbow. Our instructors will cover responsibility, accessories, modern crossbows, shooting and handling, laws and safety.

**SELF DEFENSE:** Effective self defense incorporates the mental attitude and physical fortitude to significantly raise the chance of getting out of a threatening situation. The workshop trains participants to control panic and react immediately.

**ARCHERY 101:** Experience the thrill of hitting the mark! Whether you're interested in backyard recreation, competition target shooting, or bow-hunting, learn about equipment selection, and get lots of hands-on instruction at the range.

**ADVANCED ARCHERY:** We will do plenty of 3D target shooting in this class with a focus on form and technique to improve and maintain accuracy. Proper equipment, shot placement and recovery in a hunting setting will also be discussed. Ladies--feel free to bring your own archery equipment for this class.

**FLY FISHING:** Learn the basics of fly fishing techniques providing fundamental knowledge one needs to get started in the most refined form of fishing. The course offers information which will help you select a rod and reel, line weights, baits, and lures.

**GET YOUR BEARINGS:** Getting lost in the woods will no longer be a threat to your outdoor adventures. In this course, you will learn how to read a compass and topographic maps.

**HANDGUNS:** The instructor will provide a broad spectrum of information about the operations and fundamentals of shooting handguns. At the end of this class, you will be able to safely shoot a variety of handguns.

**WILDLIFE FORENSICS CSI:** Join the PA Game Commission for a workshop that will focus on techniques used in wildlife crime solving. Determining time of death, identification of animal species, tracking forensic entomology and collecting evidence are topics that will be explored.

**OUTDOOR COOKING:** Cooking in the great outdoors is a big adventure for most. A good starting point is to learn a few basic outdoor cooking methods as well as types of equipment. So sit back, relax and let master outdoor chef, Mike Vaka bring out the culinary genius in you!

**RIFLE MARKSMANSHIP:** Learn to shoot .22 rim fire rifles and the fundamentals of marksmanship skills. Come join us for fun and action on the firing range!

**SHOTGUNNING/TRAPSHOOT:** You will become familiar with different types of shotguns, ammunition, proper gun fit, and gun cleaning. Time will be spent at the range where you will shoot clay birds.

**GUN MAINTENANCE:** Learn the essential skills that will help your firearms last a long time with hands on instruction on several models.

**EMERGENCY SURVIVAL:** What do you do when the lights go out? Get to know what you need for survival in emergencies and what gear to have ready.

**COMPOSTING:** Learn how to take kitchen scraps and garden waste and turn them into "black gold" - compost - to amend your soil. Compost also adds micro-nutrients and makes other nutrients more readily available for your plants. This will be a hands-on demonstration to get you psyched up to start your own composting at home.

**OUTDOOR FIRST AID:** This course is hands-on, providing you with the skills and confidence needed for making medical care decisions for those who spend time outdoors. Preparedness, stressing the "buddy system", fracture stabilization, bandaging, recognizing serious injury/illness, animal bites will be covered.

**KAYAKING/CANOEING:** After you learn about the types and styles of canoes/kayaks used, you may also enjoy practicing paddle stroke techniques and safety procedures on the water.

**TURKEY HUNTING 101:** All About Wild Turkeys--This class will focus on anatomy, distinguish between males and females, sounds and habitat of the wild turkey. We will also discuss preparation, scouting, equipment and strategies associated with hunting them.

**BEGINNER'S BEEKEEPING:** Learn how to care for one of our most important plant pollinators. Set-up, equipment and basic care will be discussed.

**MUZZLELOADING:** This class will offer hands-on activities including the shooting and care of black powder guns. Instructors will demonstrate the firing of Flintlocks, Percussion and In-Lines.

**GEOCACHING 101:** Geocaching is a Hi-Tech treasure hunt developed in 2000 that has become the fastest growing sport in the world. Geocachers hunt for treasures that have been hidden by other cachers and challenged to find them. This class will explain the history of the GPS, Geocaching and how the game is played. Then we will go on a hunt or two.

## Registration Form

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

new member \_\_\_\_\_ renewal member \_\_\_\_\_  
member number \_\_\_\_\_  
emergency contact \_\_\_\_\_  
emergency phone \_\_\_\_\_

### NOTE: CLASS SIZES ARE LIMITED!

Due to safety reasons, and the amount of participants our volunteered instructors can teach per class, there is a first come - first serve policy. Please mail your registration in early! You will be scheduled in 4 of your 8 class choices.

Your top 8 class choices:

1st Class \_\_\_\_\_ Alternate \_\_\_\_\_  
2nd Class \_\_\_\_\_ Alternate \_\_\_\_\_  
3rd Class \_\_\_\_\_ Alternate \_\_\_\_\_  
4th Class \_\_\_\_\_ Alternate \_\_\_\_\_

\$ \_\_\_\_\_ **Registration Fee**  
● **\$55 Registration Fee** (includes required \$35 NWTF/WITO Membership to participate)  
● **\$20 Member Only Fee** (You must be a NWTF/WITO member with renewal date after June 2013 only)  
● \$ \_\_\_\_\_ I can't attend, but want to renew my \$35 membership to keep my NWTF/WITO membership current and magazine coming.  
● \$ \_\_\_\_\_ **WITO T-Shirt \$12 ea.**  
● **(Circle size: S, M, L, XL, XXL)**  
● \$ \_\_\_\_\_ **TOTAL**  
● **Payment Method (Check, money order & credit cards accepted)**  
● Make check payable to:  
● **Jerry Zimmerman Memorial Chapter, NWTF**  
● OR charge credit card: (Please bring your card along)  
● Circle One: Visa M/C Am Ex Discover  
● Credit Card #: \_\_\_\_\_  
● Card ID #: \_\_\_\_\_  
● (The 3 digit number is located on the back of your card, usually at the top of the signature area)  
● Exp. Date: \_\_\_\_\_  
● Signature: \_\_\_\_\_

Bring your checkbook or credit card for special raffles, games and a silent auction!

**Do you want to do something  
to help our soldiers serving overseas?**

# Help Us Help Our Troops RAFFLE!

The NWTF Women in the Outdoors Event Committee is collecting items that will be sent to our local troops serving overseas.

To be entered into this special raffle at our Women in the Outdoors event on June 9, 2012, simply bring any of the items listed below in exchange for one raffle ticket to win!

#### **Suggested Items for Troop Donations:**

AA batteries, gum, individually wrapped hard candy, pens, envelopes, writing paper, peanut butter, Ritz crackers, beef jerky, coffee singles and tea bags that are individually wrapped, packages of sugar and creamers to go with the coffee and tea, dry drink mixes to add to water (like Lipton, Propel or Country Time), hot chocolate mixes (only in the winter), ramen noodles and instant soups (also winter item), granola bars, raisins, dried fruits, lunch-box-sized packages of commercially wrapped cookies and crackers, energy bars, dried fruit snacks, individual oatmeal packets, pretzels, nuts etc., playing cards, first aid kits, travel board games, crossword and word find puzzle books, travel-sized shampoos, toothpaste and toothbrushes, travel-sized soaps, tissues, deodorant, feminine products, hand lotion, insect repellent and sunscreen, Gold Bond foot Powder, Q-tips, razor blades, small sewing kits, eyeglass repair kits, hand sanitizers, sanitizing wipes, eye drops, Advil and Tylenol, chap stick, socks (dark colors only), disposable cameras and zip lock bags. If possible items should be fragrance-free.

No pork products, glass or crushable items. Think packable!

#### **Short list of suggested items that we are often in need of to send our troops:**

Snacks and candy (individually wrapped), drink mixes to add in water, coffee packets, peanut butter and crackers, sunscreen, toiletries, razors, AA batteries, sanitizers and wipes and personal notes! Personal notes to our soldiers from adults or school children are always in need and really boost their moral, letting them know that the people back home support them!

If you know of anyone currently serving overseas, especially from our local area, contact us with his or her full name and address and how long he or she will be serving at that address. If possible, include any other information and we will gladly add them to our list to receive a care package. Thank you!

**Blair and Valerie Ferguson • Support the Troops, Inc.**  
610-438-8885 • [sttroops@gmail.com](mailto:sttroops@gmail.com)



Jerry Zimmerman Memorial & Walking Purchase Chapter  
2012 Women in the Outdoors

*t-shirts!*



Place your order on the WITO event registration form. They will be given to you June 9 at registration.

(Don't forget to circle your size!)

T-shirts will be available to purchase at the event for \$15,  
Limited sizes available.

**Deadline for ordering is May 19**

NOTE: If you order a T-Shirt and you are unable to attend, please make arrangements to have it picked up at the event. They will not be shipped out and considered a donation. No refunds.

# Two Great Raffles, ONE GREAT CAUSE!

## Chinese Auction Raffle Early Bird Special

*Must be present to win.*

Double your chances for our famous Chinese Auction Raffle!

Buy your tickets in advance.

There are over 100 items on this raffle ranging from \$10 to \$100+

**CHINESE AUCTION Early Bird Raffle Ticket Price:**

### \$20 FOR 8 CARDS

Each card contains 20 tickets.

**Cards will be sold for \$5 each during the event.**

Tickets to be used at the June 9, 2012 Women in the Outdoors event at Ontelaunee Rod & Gun Club in New Tripoli. Tickets will be given to you the morning of event.

**TO PURCHASE TICKETS,  
COMPLETE INFO BELOW AND MAIL TO:**

**Karen Selig, 8450 Reservoir Rd, Germansville, PA 18053**

.....  
Number of **CHINESE AUCTION RAFFLE** tickets requested \_\_\_\_\_ \$Total \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Fill out below if paying by credit card.

Credit Card# \_\_\_\_\_

Exp Date: \_\_\_\_\_

Signature: \_\_\_\_\_



Raffles to benefit the NWTF Jerry Zimmerman Memorial & the Walking Purchase Chapter's educational outreach events & habitat projects in our area and throughout the state of PA.

## CASH RAFFLE

*Need NOT be present to win.*

**1<sup>ST</sup> PRIZE - 25%**  
of the entire take of the raffle

**2<sup>ND</sup> PRIZE - 15%**  
of the entire take of the raffle

**3<sup>RD</sup> PRIZE - 10%**  
of the entire take of the raffle

**CASH Raffle Ticket Prices:**

### 1/\$2 • 3/\$5 • 8/\$10

Drawing to be held at the June 9, 2012 Women in the Outdoors event at Ontelaunee Rod & Gun club in New Tripoli. Tickets will be given to you the morning of event.

**TO PURCHASE TICKETS,  
COMPLETE INFO BELOW AND MAIL TO:**

**Karen Selig, 8450 Reservoir Rd, Germansville, PA 18053**

.....  
Number of **CASH RAFFLE** tickets requested \_\_\_\_\_ \$Total \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Fill out below if paying by credit card.

Credit Card# \_\_\_\_\_

Exp Date: \_\_\_\_\_

Signature: \_\_\_\_\_

